

Chase S.C Senior Squad Summer Timetable

W/C 20/7/08

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|-----------|----------------------------|---------------|----------------|
| SUN 20th | | 18.30 - 20.30 | CHESLYN HAY |
| MON 21st | | 19.00 - 21.00 | BENTLEY BRIDGE |
| TUES 22nd | 6.30 TILL 8.00 | | CHESLYN HAY |
| WED 23rd | 6.30 TILL 8.00 | 19.00 - 21.00 | CHASE L.C |
| THUR 24th | NO MORNING TRAINING | 19.00 - 20.30 | CHESLYN HAY |
| FRI 25th | LEARN TO SWIM, JANET,PAUL | 17.00 - 18.00 | CHESLYN HAY |
| FRI 25th | | 18.00 - 19.30 | CHESLYN HAY |

W/C 27/7/08

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|-----------|----------------------------|---------------|-------------|
| SUN 27th | | 18.30 - 20.00 | CHESLYN HAY |
| MON 28th | | 19.30 - 21.00 | CHESLYN HAY |
| WED 30th | NO MORNING TRAINING | 19.00 - 21.00 | CHASE L.C |
| THUR 31st | NO MORNING TRAINING | 19.00 - 20.30 | CHESLYN HAY |
| FRI 1st | LEARN TO SWIM, JANET,PAUL | 17.00 - 18.00 | CHESLYN HAY |
| FRI 1st | | 18.00 - 19.30 | CHESLYN HAY |

W/C 3/8/08

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|----------|----------------------------|---------------|-------------|
| SUN 3rd | | 18.30 - 20.00 | CHESLYN HAY |
| MON 4th | | 19.30 - 21.00 | CHESLYN HAY |
| WED 6th | NO MORNING TRAINING | 19.00 - 21.00 | CHASE L.C |
| THUR 7th | NO MORNING TRAINING | 19.00 - 20.30 | CHESLYN HAY |
| FRI 8th | LEARN TO SWIM, JANET,PAUL | 17.00 - 18.00 | CHESLYN HAY |
| FRI 8th | | 18.00 - 19.30 | CHESLYN HAY |

W/C 10/8/08

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|-----------|----------------------------|---------------|-------------|
| SUN 10th | | 18.30 - 20.00 | CHESLYN HAY |
| MON 11th | | 19.30 - 21.00 | CHESLYN HAY |
| WED 13th | NO MORNING TRAINING | 19.00 - 21.00 | CHASE L.C |
| THUR 14th | NO MORNING TRAINING | 19.00 - 20.30 | CHESLYN HAY |
| FRI 15th | LEARN TO SWIM, JANET,PAUL | 17.00 - 18.00 | CHESLYN HAY |
| FRI 15th | | 18.00 - 19.30 | CHESLYN HAY |

W/C 17/8/08

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|-----------|----------------------------|---------------|-------------|
| SUN 17th | | 18.30 - 20.00 | CHESLYN HAY |
| MON 18th | | 19.30 - 21.00 | CHESLYN HAY |
| WED 20th | NO MORNING TRAINING | 19.00 - 21.00 | CHASE L.C |
| THUR 21st | NO MORNING TRAINING | 19.00 - 20.30 | CHESLYN HAY |
| FRI 22nd | LEARN TO SWIM, JANET,PAUL | 17.00 - 18.00 | CHESLYN HAY |
| FRI 22nd | | 18.00 - 19.30 | CHESLYN HAY |

W/C 24/8/08

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|-----------|---------------------------|---------------|-------------|
| SUN 24th | | 18.30 - 20.00 | CHESLYN HAY |
| MON 25th | BANK HOLIDAY | | |
| TUE 26th | 6.30 - 8.00 | | CHESLYN HAY |
| WED 26th | 6.30 - 8.00 | 19.00 - 21.00 | CHASE L.C |
| THUR 27th | 6.30 - 8.00 | 19.00 - 21.00 | CHESLYN HAY |
| FRI 28th | LEARN TO SWIM, JANET,PAUL | 17.00 - 18.00 | CHESLYN HAY |
| FRI 28th | | 18.00 - 20.00 | CHESLYN HAY |

* LAND TRAINING SESSIONS WILL CARRY ON THROUGHOUT THE ABOVE PERIOD.

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